

# IMPACT AND ACHIEVEMENT 2022–23

NUCLEO



.....> **“Music makes me feel really happy and calm.”**

Nucleo student, aged 9

**“I think that Nucleo is a great place to start learning and all of the people there help you have lots of potential.”**

Nucleo student, aged 11

**“I am really enjoying learning to play the French horn. I never knew playing an instrument would be so much fun!”**

Nucleo student, aged 11





# CHANGING LIVES THROUGH MUSIC

**In the 2022–23 school year, we celebrated 10 years of Nucleo. This is a particularly exciting time to observe and reflect on our impact, as we have an ever-increasing number of students who have spent several years of their childhood and adolescence with us!**

Having started with only four students and grown gradually over the last ten years, we can begin to see what a fully-developed Nucleo programme can do now that we are delivering to well over 400 students at all ages and musical stages, from birth to 20 years old. And the demand for our programme shows no signs of slowing down – it was only last year that our waitlist exceeded 100 children, but it is now close to 300, with no active recruitment and 95% of families learning about us through word of mouth.

This fuels our commitment to expand over the next few years, in order to continue furthering our mission – for every child to have access to the opportunities that Nucleo can offer.

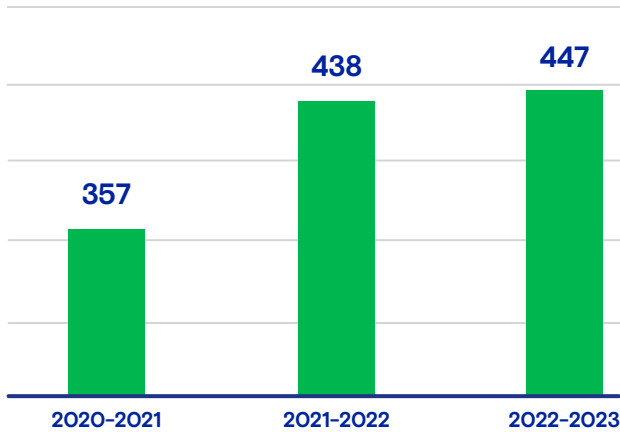
We are proud to share with you in these pages the positive impact that Nucleo has on our students’ musical and personal growth, as well as on their families and our wider community, and we hope to extend these to many more people in the years to come.

**“The more my daughter learns, the more in love with the instrument she is.”**

**Nucleo parent**

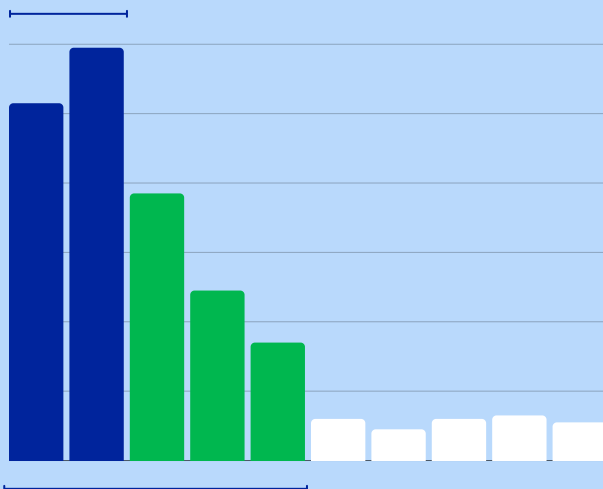
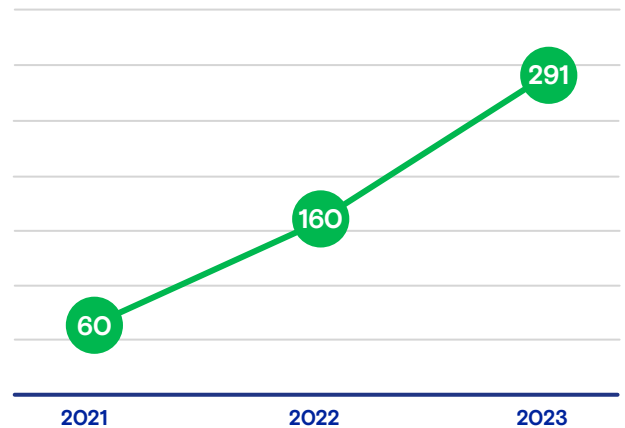


# IN THE YEAR 2022-23...



**447** students accessed a free music education

**291** children now on the waiting list. Demand continues to increase



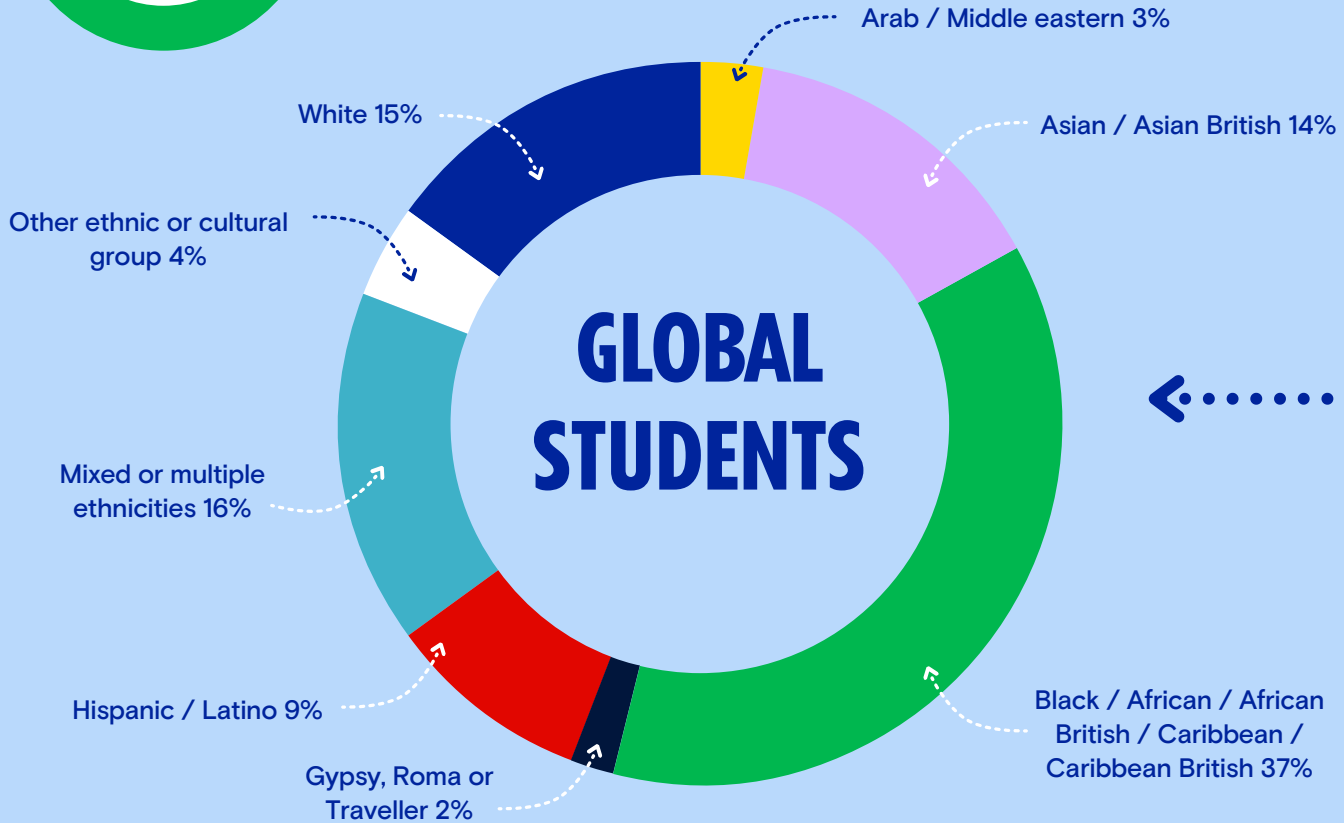
**50% OF STUDENTS WERE FROM AREAS AMONGST THE MOST DEPRIVED 20% OF THE UK**

**80% OF STUDENTS COME FROM THE MOST DEPRIVED 50% OF THE UK**

which means that Nucleo is continuing to provide musical opportunities to those for whom cost may be a barrier.



**OF STUDENTS ARE MEMBERS OF THE GLOBAL MAJORITY, WHO ARE STILL DRASTICALLY UNDER-REPRESENTED WITHIN THE MUSIC INDUSTRY.**



**Across our ensembles last year, students' average attendance was 88% – no mean feat for a programme that demands multiple sessions a week!**



\*We use members of the Global Majority since Black, indigenous and people of colour represent over 80% of the world's population.

**“Now I can play cello way better and [I am] confident playing with my group.”**

Nucleo student



**MUSICAL PROGRESS**



Assessment data shows that our students consistently develop their skills in ensemble playing, individual performance and musicianship.

Most students progress to a degree roughly equivalent to an ABRSM Grade every year, and last year, four super students improved by two whole grades!

## Nucleo students' skills are nationally recognised!



students achieved ABRSM grades in the year 2022-23



of these were at a Merit or Distinction level



students began attending the Royal College of Music Junior Department in September 2023

Through preparing for external exams, our students told us they developed:

- self-sufficiency
- confidence
- self-belief

Students recognise both the encouragement of their teachers and their own efforts as crucial to their success.



Changing lives through music

**“I have watched [my child] grow in confidence and really come out of her shell. She is naturally a shy girl but Nucleo really helped her with her confidence.”**

Parent of Nucleo student, aged 9



**PERSONAL DEVELOPMENT**





Our students frequently tell us how their self-confidence has grown since joining Nucleo and their parents report that this confidence radiates outwards into their everyday lives, giving them more courage to tackle challenges both at school and at home.

The teaching methods at Nucleo place a high importance on fostering students' self-sufficiency and independence. Students have a strong sense of their own responsibility for their success, owing to their involvement in activities such as setting up the rehearsal room and sharing feedback with their peers.

## **"I have helped myself by...**

**... not giving up and keep on trying no matter how hard it is."**

**... practising as much as I can at home and being friendly."**

**... practising (independently), also whenever I get something wrong I always try to make it better, I push myself to do better."**

**... focusing at lessons and practice at home."**



**“Thank you for all that you are doing for [my daughter] and all the other children. Nucleo is beneficial to all children, no matter their social class, and that is what makes you all so special.”**

Parent of Nucleo student, aged 11



**COMMUNITY**



Both students and parents tell us that Nucleo is like a family or community to them, providing a supportive environment where children can learn, develop and socialise. 86% of students agree that they feel connected to others at the programme! Nucleo students take their skills with them into the future:

**“You’re getting leadership skills, learning how to communicate with other people you wouldn’t necessarily communicate with ... it’s a stepping stone into the real world, whether you’re going to go into music or if you’re going to go into another field of work.”**

Nucleo alumnus, aged 20

**“The biggest change I have seen in my child is...\* ←.....**

**... they are starting to listen and be involved with class activities.”**

**... she is more confident and loves being part of the Nucleo community.”**

**... he is now more patient with himself and enjoys the social side of Nucleo very much.”**

**... he understands music is fun, but something you need to work on, too.”**

\*Answers taken from parent and carer questionnaires, July 2023



**Changing lives through music**

# Want to stay updated about Impact?

Email [impact@thenucleoproject.org](mailto:impact@thenucleoproject.org)



[www.thenucleoproject.org](http://www.thenucleoproject.org)

Registered Charity Number 1169328